

BYRON NELSON ANNOUNCEMENTS

Tuesday, November 27, 2018

HEALTHY LIFESTYLE OPPORTUNITIES

Byron PTSA's Healthy Lifestyles Month continues with the focus this week on detoxing from social media to make room for in-person interactions. The average American spends 1 hour 40 minutes each day on social media! What could you do with all that extra time? Here's a few extra reasons to "Be Anti-Social Media" for the week:

1. Fall asleep faster & sleep longer
2. Lesson anxiety
3. Break social media comparison cycle
4. Conquer FOMO (Fear of Missing Out)
5. Stop feeling so competitive
6. Improve overall mood
7. Stop obsessing over the past
8. Begin living in the moment
9. Inspire physical activity
10. Gain free time = fun time spent elsewhere

We're asking everyone to join us for one day and "Get Off Your Apps" on Wednesday 11/28. Spending less time on social media allows for more free time...so we're putting on a community workout after school on Wednesday from 4:15-5 PM here at BNHS. All students, staff, parents, and family members are welcome to attend this FREE, Camp Gladiator led workout.

MILITARY & COLLEGE REPRESENTATIVES ON CAMPUS

Today, 11/27: United States Naval Academy (Justin Rosas) Counseling Office Go Center 10:25-11 AM.

Today, 11/27: U of Houston, West Texas A&M, U of Central Arkansas, & the U.S. Navy in the Student Union all lunch periods.

Wednesday, 11/28: United States Marines in Student Union all lunch periods.

Friday, 11/30: Drury University in Student Union all lunch periods.

HOLIDAY SWIM TEAM RESULTS & NISD SENIOR NIGHT SWIM/DIVE THIS SATURDAY

Bobcat swimming was busy over break competing in the Lone Star Tisca Invitational in Mansfield. This meet pulled the top swimmers from North, Central and West Texas for a prelim and final meet. Best times and new school records were set by Azalea Shepard in the 50 and 100 Free and Kayci McKinnon in the 500 Free. They were joined by Taylor Felten and Kelli McKinnon that also set a new record in the 400 Free Relay. Sokol Barra-Tari re-set his school record in the 500 Free by two seconds. Please, come out to the NISD Senior Night Swim and Dive meet at the Keller ISD Natatorium this Saturday and support your Bobcats as they compete against Northwest and Eaton. First splash at 3:30 PM

PEER TUTORING BEFORE AND AFTER SCHOOL TODAY & WEDNESDAY

The Byron Nelson National Honor Society provides student tutors in the Counseling Office Go Center on Tuesday and Wednesday of each week. Morning tutoring is from 8 – 8:30 AM. After school tutors are available from 4:10 – 4:40 PM. Please sign up for tutoring using the google.doc on the Counseling tab of the Byron Nelson website (if you have forgotten to sign up you are welcome to just show up & an available tutor will gladly assist you).

TEXTBOOKS DUE OR FINES WILL BE ASSESSED

Students: if you received a reminder from Mrs. Van Houten, AC324, regarding a lost textbook from a prior school year, please get those books to her as soon as possible! The book fine will be placed on your account this Friday, 11/30.

COLLEGE APPLICATIONS, FAFSA, & SCHOLARSHIPS

Do you need help with college/trade school applications, the FAFSA, or knowing where to find scholarships? Every Thursday UNT students, who have been trained to assist BNHS high school students with college, military, and trade school opportunities, come to the BNHS Counseling Office Go Center for 2 hours. These college students will help you research opportunities for your post-high school education and training! Stop by the Counseling Office & Mrs. Harrell will make you an appointment with G-Force for this Thursday. G-Force members will be at BNHS between 11 -1 PM this Thursday, 11/29.

DRESS CODE GUIDELINES

Students, please wear your BNHS IDs at all times when you are on campus. Please, do not bring blankets to school. It is against school practice; we consider blankets a health hazard. When choosing clothing to wear to school please keep the weather in mind, dress in layers if needed, and follow the NISD Dress Code Guidelines in the Student Code of Conduct on the NISD website.

JUNIORS INTERESTED IN TEXAS A&M – 2019 HOWDY TRIP

Are you a high school 11th grade student interested in attending Texas A&M University upon graduation? Join the Northeast Tarrant County A&M Club for a FREE day trip to the A&M Campus on Monday, 2/18/19. Transportation, 2 meals, & a free T-shirt are all included. This trip is chaperoned & will include a campus tour, the opportunity to meet with representatives from the Office of Admissions, plus so much more. For information go to: www.TheHowdyTrip.com Deadline to apply for this free trip is 12/1/18. To apply: https://forms.zohopublic.com/kyle7/form/Eventregistration/formperma/BGk4Me5e81620bbBCdH1K_623

AP EXAM REGISTRATION

College Board Advanced Placement exam registration is open. Please see the BNHS website. Click on Our School, then Academics, and then Advanced Placement to access the PowerPoint and parent letter for information on how to register and pay for these exams, including deadlines and costs. Please note that if you are registering for an AP exam for a single semester course that you are enrolled in for fall of 2018, the deadline to register and pay for these AP exams, AND be exempt from the fall semester exam, is Monday, 12/10/18. The link to the AP registration/payment site (Total Registration) can be found in both the PowerPoint and the parent letter, and is also posted on the BNHS website under News.

SCHOLARSHIP APPLICATIONS AVAILABLE – SENIORS GRADUATING IN 2019

Seniors: Information about these scholarship applications has been provided to BNHS & is available in the BNHS Counseling Office Go Center:

- 1) **CoServ** is awarding \$35,000 in total scholarships to high school seniors (from CoServ Electric & Gas households) who apply at: CoServ.com/Scholarships. The deadline to apply is 11/30/18.
- 2) **The State of Texas PTA** online application. Texas PTA awards \$1,000 scholarships throughout Texas to numerous, eligible, high school seniors. For important application eligibility requirements and guidelines check out this link: <https://www.txpta.org/scholarships>. You must be a current PTSA member to apply for ALL PTA or PTSA scholarship opportunities; join at: <https://bnhsptsa.org/membership/> Scholarship applications are due by 12/1/18.

- 3) **GE-Reagan Foundation Scholarship Program** for seniors who demonstrate leadership, drive, integrity, & citizenship. Awards up to \$40,000/scholarship. Apply at Reaganfoundation.org/scholarships or facebook.com/gereaganscholarships by 1/4/19.
 - 4) **Texas Student Housing 2019-2020 Scholarship** application (If you are attending a college in Austin, College Station, or Denton, TX.) Application deadline 01/31/19.
 - 5) **EECU Scholarship** for graduating seniors whose parent/legal guardian is a member of the credit union may apply. Access the application: www.eecu.org/EECU/media/pdfs/2018-scholarship-application.pdf Applications are due 1/31/19.
 - 6) **The Northwest ISD Council of PTAs Scholarship application** is now available in the BNHS Counseling Office & on the BNHS website under Counseling, Seniors, Class of 2019 Scholarship Opportunities. Completed applications are due in the BNHS Counseling office by 12 PM, 3/1/19.
 - 7) **Fort Worth Scottish Rite Foundation Scholarships** application available in the BNHS Counseling Office or at fwsroffice@fortworthscottishrite.org>foundation>scholarships. Application packets must be mailed/postmarked by 3/1/19 or delivered to the Fort Worth Scottish Rite office by 3/1/19.
 - 8) **Gerald Kendrick Memorial Scholarship** application is now available in the BNHS Counseling Office. Two \$1,500 scholarships will be awarded. Completed scholarship applications are to be emailed to scholarship@CollinCountyTAAO.org or mailed to the Pounders Law Firm in Dallas prior to 3/15/19.
 - 9) **BigSun Scholarship** application & information is available at <http://www.bigsunathletics.com> The successful applicant will be a high school senior who has participated in athletics as a player, coach, or official. This application deadline is 6/19/19. The award amount is \$500/scholarship.
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SENIORS TURN IN YOUR COLLEGE/MILITARY DOCUMENTATION

As you receive college acceptance letters & military enlistment papers please bring a copy to Mrs. Huizenga in the BNHS Front Office. Also as soon as you receive scholarship offers please bring the scholarship letters, emails, or documentation (from your student college portal) to Mrs. Huizenga in the front office. She will make a copy of each scholarship offer you receive from every university/college that you've applied to attend. You may also submit private or independent scholarships you are awarded. We want to honor YOU on the Scholarship Wall outside the Counseling Office and in print in the BNHS Royal Awards program.

VOTER REGISTRATION INFORMATION

If you are 18 years old or within two months of your 18th birthday, please stop by the BNHS front office to pick up a Voter Registration Form. Students and faculty who complete the registration form in pen & seal it, may drop it in a U.S. mailbox or give it to Mrs. Huizenga in the BNHS front office and she will mail it for you. Complete the registration form; it's your right to vote in local, state, and national elections!
